EASY UMRAH

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المیزاب پبلشرز
کراچی، پاکستان

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You can ask your Masa’il from

MUFTI SAAD ABDUR RAZZAQ

on the following number

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Writer's Note

Performing Hajj & Umrah are great acts of worship ordained by the Allah تَبَارَكَ وَتَعَالَىٰ. Alhamdulillah, in the last several years, I had the opportunity to be associated with the Masa'il related to Hajj and Umrah and thereby compile a number of books encompassing detailed Masa'il of Hajj and Umrah. In this context, some of my friends encouraged me to present these Masa'il in an extremely concise manner, to cater to the needs of those who are not inclined to read extensive books. Therefore, by the grace of Allah تَبَارَكَ وَتَعَالَىٰ, a small booklet has been prepared. May Allah تَبَارَكَ وَتَعَالَىٰ accept this

humble effort and make this booklet beneficial for the entire Ummah.

It is recommended to keep this booklet with you during your Umrah. However, for further details you can refer to other comprehensive books such as **Let's Perform Umrah** and **A Concise Guide For Women's Umrah** that have been compiled in both Urdu and English languages.

It is my earnest request to remember us all in your supplications during Hajj and Umrah that may Allah تَبَارَكَ وَتَعَالَىٰ accept us for spreading this Deen till our very last, and grant us unlimited opportunities to visit His noble House and Rasulullah's ﷺ Roza.

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Umrah

Umrah: Umrah is adorning the Ihram with the intention (Niyyat) of Umrah and performing Tawaf and Saee between Safa and Marwa and doing Qasr or Halq.

Note: Umrah can be performed throughout the year except from 9th to 13th Zil Hajj when it is Makrooh-e-Tahreemi.

Ihram: Ihram means to forbid oneself from something. When a person makes Niyyat to perform Umrah and recites Talbiyah, he enters into the state of Ihram due to which certain things which were previously Halal are now Haram on him. The two sheets of cloth are commonly considered as Ihram.

These are in fact the clothes worn in the state of Ihram.

Preparing for Ihram

1. Seek forgiveness from those whom you feel you have done wrong with or usurped their rights.

2. Purify your Niyyat which should be solely for the sake of Allah تَبَارَكَ وَتَعَالٰى.

3. Make Tauba for all big or small sins.

There are three conditions for Tauba:

(i) To leave the sin immediately.

(ii) Make Tauba on the sin committed.

(iii) To resolve not to do it in future.

4. Clip your nails and remove the unwanted hair from the body.

5. Make Ghusl or Wudhu for Ihram.

6. Men should adorn two sheets of Ihram: one which covers the part from above the navel downwards and another that covers the upper part of the body.

7. Comb your hair and use a perfume that does not leave a stain.

8. Men should wear slippers in which the middle bone of the feet remains exposed.

9. Women will wear sewn clothes and any sort of shoes or slippers, etc.

10. Cover your head and offer two Raka'at Nafil for Ihram and make Dua.

11. Then depart from your home and recite the following Dua:

بِسۡمِ اللهِ تَوَکَّلۡتُ عَلَی اللهِ وَلَا حَوۡلَ وَلَا قُوَّةَ اِلَّا بِاللهِ

12. After reaching airport, make Niyyat when the flight's departure is confirmed. It is also permissible to do so before the plane crosses the Meeqat limit. However, if the Meeqat is crossed without the Niyyat of Ihram it is obligatory to give Damm.

13. Before making the Niyyat of Ihram for Umrah, men should uncover their heads and women should wear the special veil which does not touch the face.

Note: It should be remembered that even in the state of Ihram, a woman should not uncover her face in front of Men (Na Mahram) and at the same time she should not wear such a veil that touches her face.

Niyyat of Ihram

1. Make Niyyat for Umrah.

2. The following are the words of Niyyat for Umrah:

اَللّٰهُمَّ اِنِّیْۤ اُرِیْدُ الْعُمْرَةَ فَیَسِّرْهَا لِیْ وَتَقَبَّلْهَا مِنِّیْ

O Allah! I intend to perform Umrah for your sake, so make it easy for me and accept it from me.

3. After Niyyat, men should recite Talbiyah loudly while women should recite it in a low voice. Following are the words of Talbiyah:

لَبَّیْكَ اللّٰهُمَّ لَبَّیْكَ لَبَّیْكَ لَا شَرِیْكَ لَكَ لَبَّیْكَ اِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكُ لَا شَرِیْكَ لَكَ

4. After Talbiyah, one should recite Durood and make Dua. If possible, the following Dua should be recited:

اَللّٰهُمَّ اِنِّیْ اَسْئَلُكَ رِضَاكَ وَالْجَنَّةَ وَاَعُوْذُبِكَ مِنْ غَضَبِكَ وَالنَّارِ

"O Allah, I ask You, for Your Pleasure and Jannah, and I seek (desire) protection from Your anger and the punishment of fire".

5. The Niyyat of Ihram is not complete without Talbiyah.

6. During the holy journey, Talbiyah should be recited excessively.

7. After Niyyat and Talbiyah, one enters into the state of Ihram and should avoid the prohibitions of Ihram.

8. On the first sight of Baitullah, recite اَللّٰهُ اَكْبَر and لَا اِلٰهَ اِلَّا الله thrice and make Dua.

Acts of Umrah

Faraidh of Umrah:

1. Ihram.

2. Tawaf.

Wajibaat of Umrah:

1. Saee of Safa and Marwa.

2. Halq or Qasr.

Tawaf e Umrah

1. Proceed to Mataaf (the place where Tawaf is performed) and go towards the corner where Hajr-e-Aswad is embedded.

2. Men should adjust their Ihram so that the right shoulder is uncovered and the upper sheet of the Ihram passes through the right arm pit and over the left shoulder. This is called Idhtiba.

3. Talbiyah ends before performing Tawaf.

4. Poise yourself in front of the Ka'aba so that the Hajr-e-Aswad is on your right side and make Niyyat for the Tawaf of Umrah.

5. Raise your hands as it is done for Takbeer e Tahreema in Salat in such a manner that the palms face the Hajr-e-Aswad and recite:

بِسْمِ اللهِ اَللّٰهُ اَكْبَرُ وَلِلّٰهِ الْحَمْدُ وَالصَّلٰوةُ وَالسَّلَامُ عَلٰى رَسُوْلِ اللهِ

Then drop both your hands, this is the Istiqbaal of Hajr-e-Aswad.

6. Make the first Istilam of Hajr-e-Aswad by indicating towards it and raising both your hands so that the palms face the Hajr-e-Aswad and recite:

بِسْمِ اللهِ اَللّٰهُ اَكْبَرُ وَلِلّٰهِ الْحَمْدُ وَالصَّلٰوةُ وَالسَّلَامُ عَلٰى رَسُوْلِ اللهِ

Then kiss the inner part of your palms. This is the first Istilam of Hajr-e-Aswad.

7. After Istilam, while standing in the same position, turn towards right without lifting your feet and begin your Tawaf.

8. Men should do Ramal in the first three rounds i.e. to walk with short quick steps, chest out and shoulders moving.

9. While performing Tawaf, look straight ahead and do not look at the Baitullah.

10. Do not put your chest or back towards Baitullah.

11. Include Hateem in your Tawaf.

12. Engage yourself in Dua or Zikr.

13. On reaching Hajr-e-Aswad, make Istilam. This will be the second Istilam.

14. Likewise, seven rounds will be made with an Istilam at the end of each round so that at the end of the 7th round you will make your 8th Istilam. This completes your Tawaf. You should now cover your shoulders i.e. discard Idhtiba.

15. Women will perform Tawaf in the same way. However, they will not do Ramal or Idhtiba.

16. Nafil Tawaf will be performed in the same way except that there is no Ihram or Ramal or Idhtiba in Nafil Tawaf.

Note: An important thing to remember is that Wudhu is a prerequisite for Tawaf without which Tawaf is not valid.

20. After Tawaf, proceed to Multazam. Cling to this place and make Dua.

21. After every Tawaf offer two Raka'at Wajib ut Tawaf.

22. After Tawaf, it is Mustahab to drink Aab e Zamzam.

Saee of Umrah

1. Make the 9th Istilam of Hajar e Aswad.

2. Proceed to Safa to perform Saee.

3. Ascend Safa and make Niyyat of Saee.

4. Recite Durood Shareef and make Dua.

5. Proceed to Marwa whilst making Zikr.

6. A few steps before the green pillars, men should start walking briskly while women will walk at a normal pace.

7. On reaching the next green pillar, men will stop running and walk at a normal pace.

8. On reaching Marwa, face the Qibla and make Dua the way you did at Safa.

9. This walk from Safa to Marwa is one round of Saee.

10. Then proceed to Safa from Marwa and repeat what was done between Safa to Marwa. This completes the second round.

11. In this way complete seven rounds ending at Marwa.

Halq or Qasr

1. After Saee men should shave their hair completely (Halq).

2. Or trim their hair upto the length of a finger joint (Qasr).

3. Removing at least a quarter of the hair by shaving or trimming is Wajib.

4. If less than a quarter is removed or you will not be released from Ihram.

5. For women, trimming all the hair upto the length of a finger joint is Sunnat and trimming a quarter of the hair up to the length of a finger joint is Wajib.

6. After doing Halq or Qasr you are released from the state of Ihram and your Umrah is now complete.

Note: If all the acts of Umrah except for Halq/Qasr have been done, the Mu'tamir (one who performs Umrah) can do Halq or Qasr himself and for others as well.

7. After completing the Umrah, another Umrah can be performed and the Ihram will be adorned from Hill (i.e. Masjid e Ayesha etc).

8. It is preferable to perform Nafil Tawaf instead of Nafil Umrah.

Travelling to Madinah Munawwarah

1. The visit of Madina Munawwara should be undertaken with the utmost love and affection combine with respect and reverence.

2. Durood Shareef should be recited in abundance on the way to Madina.

3. After getting settled at your accommodation in Madinah Munawwarah, prepare yourself for vising the Roza.

4. Clean yourself thoroughly and make Ghusl or Wudhu.

5. Adorn your best clothes. Comb your hair and beard and apply perfume.

6. Before going to the masjid, it is preferable to give Sadaqah.

7. Enter the Masjid according to Sunnat.

8. Visit the Roza remembering the greatness and sanctity of this place, whilst keeping your gaze lowered.

9. Recite Salat and Salam in a low and steady voice whilst making sure to bestow your utmost respect. It is better to just recite: اَلصَّلٰوةُ وَالسَّلَامُ عَلَيْكَ يَارَسُوْلَ الله

10. Recite Salam on Hazrat Abu Bakr رَضِیَ اللّٰہُ تَعَالٰی عَنْہُ and Hazrat Umar رَضِیَ اللّٰہُ تَعَالٰی عَنْہُ.

11. After reciting your own Salam, give Salam on behalf of those who have requested you to do so.

12. Avoid jostling people or raising your voice.

13. Keep your mobile switched off especially at Roza.

14. During your stay try to remain in Masjid e Nabvi ﷺ as much as possible and recite Salam in abundance.

15. Upon your departure, express regret for any unfulfilled obligations and earnestly desire for further opportunities to visit this sacred abode.